

NAYA SAWERA NAYEE UMANG



Beyond Years Beyond Boundaries

DIRECTOR'S NOTE

As NSNU completes two years of engaging with elders, we find ourselves carrying something far more valuable than memories of the programmes we have conducted - we carry the wisdom, stories, experiences and knowledge that our elders have generously shared with us over the years. Over these two years, we have learnt that meaningful engagement can bring happiness, break the monotony of everyday life, create a sense of belonging and, most importantly, honour the presence and lived experiences of our elders.

As we move forward, we have started a fund raising campaign named Raising funds for the elderly care to make our efforts more meaningful and sustainable. This is a heartfelt request for all of us to support our campaign.

Warm regards,

Sami Saran

Director, NSNU

AUGUST AT A GLANCE-

From sharing a South Indian meal at Rojavanam Old Age Home to celebrating Independence Day Eve and NSNU's 2nd anniversary at Ice and Spice Restaurant, every gathering created an opportunity to step away from routine and experience the simple joy of being together. At Sheows Old Age Home, a Bhajan Kirtan brought music, spirituality and familiar memories into the space, while Raksha Bandhan and birthday celebrations at Samarpan Old Age Home created moments of affection, recognition and belonging.

575+

Participants

3 visits

to old age home

1 initiative launched

DELHI | GET TOGETHER - SHARING LAUGHTER AND TOGETHERNESS WITH A SOUTH INDIAN MEAL | 8TH AUGUST 2026



From a small request of sharing a South Indian meal together to 40 residents coming together for a meal was heartwarming.

What was endearing was that it sparked conversations, laughter, and togetherness in all of them. For NSNU, such moments are a reminder that honouring elders also means listening to what they enjoy and creating spaces where their preferences, memories and presence are celebrated.



LUCKNOW AND DELHI | INDEPENDENCE DAY EVE AND NSNU 2ND ANNIVERSARY | 14TH AUGUST

In both our Delhi and Lucknow, we rang our second year anniversary celebration with Independence Day. The celebration at Scope for Change's premises in Delhi, bringing together 350 underprivileged children, was a heartfelt coming together of generations, where elders could interact, share their warmth and experiences, and experience the energy and happiness of being surrounded by young people. While in Lucknow, the team came together to celebrate it with a dinner at Ice and Spice Restaurant.



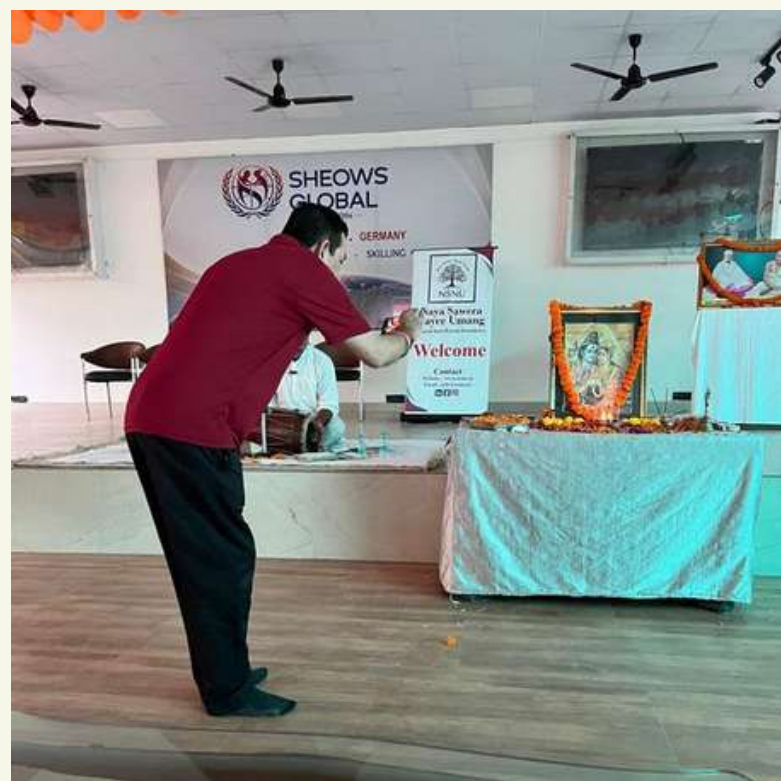
DELHI | SHEOWS OLD AGE HOME, BHAJAN EVENT | 18TH AUGUST 2026



NSNU organised a heartfelt musical and devotional afternoon - Melodies of Devotion: Bhajans & Blessings bringing together the residents and caregivers of Sheows Old Age Home in an atmosphere of music, prayer, and warmth.

The gathering was moved by the soulful voice of Sh. Nikhil Dubey, whose bhajans carried everyone into a space of quiet peace and devotion, touching hearts in the room.

The afternoon closed with the sharing of prasad, and everyone left with a heart just a little fuller than before.



LUCKNOW|RAKSHA BANDHAN AND BIRTHDAY CELEBRATIONS |SAMARPAN OLD AGE HOME |24TH AUGUST 2026



In Samarpan Old Age Home in Adil Nagar, Lucknow, NSNU organised an afternoon that was all about celebrating togetherness. Residents came together to celebrate their fellow residents birthdays whose special days had quietly passed by over the last three months, making sure no one felt forgotten or overlooked.

Alongside the cake and cheer, the spirit of Rakshabandhan was celebrated, tying rakhis and honouring the timeless bond of love, care, and protection that ties us all together - resident and volunteer alike. For those few hours, age and distance faded into the background. We all laughed together, celebrated together, and in every rakhi tied and every candle blown out, we shared a quiet sense of belonging - a reminder that family isn't always about blood, but about showing up for one another.



YOUR SUPPORT MATTERS

Every act of generosity helps us create meaningful moments of care, companionship, and dignity for the communities we serve. Your contribution, no matter the size, enables NSNU to continue reaching those who need support the most.

Join us in building stronger, more compassionate communities. Together, every contribution makes a difference.



CALL FOR INTERNS

NSNU invites socially committed students and young professionals to join us as interns.

This is an opportunity to work closely with our community initiatives, contribute to meaningful programmes, and gain hands-on experience while making a positive impact in the lives of others.

If you are passionate about community service, eager to learn, and looking to contribute your time and skills towards a meaningful cause, we would love to hear from you.